



# Ashiatsu Oriental Bar Therapy Consent and Release Form

Ashiatsu Oriental Bar Therapy, the technique you will receive is a deep tissue technique. Although some clients ask for deeper compression, we prefer to keep the compression at a therapeutic level that the therapist feels comfortable with. Your comfort is our number one concern!

Due to the serious nature of this technique, we would like you understand that should you experience pain, stiffness, soreness, skin irritations, marks, headaches, sinus congestion, bruises or any injury or condition, that you do not hold Serendipity Wellness Studio, Inc. liable. In addition, if you request for more compression on a higher level than that of the therapeutic range the therapist is delivering, we will not be responsible for aggravating a condition that may already be present.

Ashiatsu Oriental Bar Therapy cannot be performed on clients with the following conditions:

- PREGNANCY OR ATTEMPTING TO GET PREGNANT
- BREAST IMPLANTS WITHIN THE LAST 9 MONTHS
- BOILS, SKIN LESIONS OR ABSCESSSES, VARICOSE VEINS
- RECENT EYE PROCEDURES/ LASIK SURGERY WITHIN 72 HOURS
- TUBERCULOSIS, THROMBOSIS, ANEURYSM, KIDNEY DISORDERS, RECENT BOWEL OR HERNIA SURGERY
- ANY ACUTE INFLAMMATORY CONDITIONS SUCH AS ACTIVE PHLEBITIS / CELLULITIS
- PERSONS ON COUMADIN, LOVENOX, HEPARIN OR HEAVY ASPIRIN
- UNCONTROLLED HIGH BLOOD PRESSURE OR HEART CONDITION, PACEMAKER, STENT OR SHUNT
- RIB FRACTURE, ADVANCE STAGE OSTEOPOROSIS
- ANY RECENT (ACUTE) INJURIES OR SURGERIES

By signing this release you are attesting that you have read this release in its entirety, understand nature of the technique, do not have any of the above conditions, and agree to hold harmless Serendipity Wellness Studio, Inc., Jennifer Ferdinand, any independent contractor/employee massage therapist employed by Serendipity Wellness Studio from and against any and all claims.

Client Name: \_\_\_\_\_

Date: \_\_\_\_\_

Client signature: \_\_\_\_\_